

Lonely



ECTA-Clog-Convention 2005

Crash-Course

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Music by Akon, Maxi CD Universal 6 02498 81889 3,

time: 3:57

Choreo by Michael Brammer

Sequence: **Intro A B A B A B A B End**

Intro:

Wait **32** Beat

2 Basic	DS RS	DS RS
	l r l	r l r
	&1 &2	&3 &4

Walk 4	S S S S	to the left corner
	l r l r	
	1 2 3 4	

2 Basic	DS RS	DS RS
	l r l	r l r
	&1 &2	&3 &4

Walk 4 back	S S S S	move backward
	l r l r	
	1 2 3 4	

Repeat Intro to the right Corner

A:

Push Off	DS RS RS RS	move left
	l r l r l r l	
	&1 &2 &3 &4	

Triple	DS DS DS RS	
	l r l r l	
	&1 &2 &3 &4	

Push Turn	DS RS RS RS	turn 360° left face
	l r l r l r l	
	&1 &2 &3 &4	

2 Basic	DS RS	DS RS
	l r l	r l r
	&1 &2	&3 &4

Repeat A with opposite footwork

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B:

2 Basic

DS RS DS RS
l r l r l r
&1 &2 &3 &4

4 Toe Heel

TH TH TH TH
l l r r l l r r
& 1 & 2 & 3 & 4

in place

2 Basic

DS RS DS RS
l r l r l r
&1 &2 &3 &4

Triple

DS DS DS RS
l r l r l
&1 &2 &3 &4

Repeat B with opposite footwork

End:

2 Basic

DS RS DS RS
l r l r l r
&1 &2 &3 &4

option: turn ¼ to the left

4 Toe Heel

TH TH TH TH
l l r r l l r r
& 1 & 2 & 3 & 4

in place

Repeat Basics and Toe Heel 2 times

2 Basic

DS RS DS RS
l r l r l r
&1 &2 &3 &4

option: turn ¼ to the left

Quick Step Slow Step

Break S S S S
l r l r
1 & 2 3 4

- Have a lot of Fun - Have a lot of Fun - Have a lot of Fun - Have a lot of Fun - Have a lot of Fun -

