

**Disturbia**

Music: Disturbia, by Rihanna Level: Intermediate  
 Disturbia, iTunes Download 3:59 min.

Choreo: Sandy Pittermann und Franzi Engel

Sequence: Intro A B C D Intro A\* B C D Intro E C D Intro\*

Wait 4 beats

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**Intro:**

4 Stomp Kick It STO STO RS RS KK RS KK RS turn ¼ L on 1<sup>st</sup> STO  
 L R LR LR L LR L LR  
 1 2 &3 &4 5 &6 7 &8

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**Part A:**

Scoot DS SL RS SL RS  
 L L RL L RL  
 &1 2 &3 4 &5

Modified DS DT BA(heels out) CLK UP/SL  
 Pothole R L-----both-----R L  
 &1 & 1 & 2

Repeat Scoot and Modified Pothole 2 more times, opposite footwork  
 first Scoot diagonal L, second Scoot diagonal R, third Scoot forward then  
 add

Drag back DS DR ST DR ST RS  
 R R L L R LR  
 &1 & 2 & 3 &4

Fancy Kick DS DS RS KK UP/HL  
 L R LR L L R

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**Part B:**

2 Hippy Hop DS HOP R (xif) S HOP R (xib) S DS DS RS  
 L L R L L R L R L RL  
 &1 &2 & 3 &4 & 5 &6 &7 &8

Eric DS DT(b) H R H(w) RS  
 L R L R L RL  
 &1 & 2 & 3 &4

Fancy Double DS DS RS RS  
 R L RL RL

Knee Pop DS/Flange SL/Flange SL/Flange SL/Flange  
 R L L R R L L R  
 &1 2 3 4

Triple DS DS DS RS  
 R L R LR

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**Part C:**

Rock Slur                   RK Pull(f) S(xib)  
                              L R            L  
                              & 1           2

Basic                       DS RS  
                              R LR

Triple                     DS DS DS RS  
                              L R L RL

**Repeat Rock Slur, Basic, Triple 2 more times, opposite footwork then add**

Triple                     DS DS DS RS                   **diagonal back**  
                              R L R LR

2 Heel Up                  DS H(if) H  
                              L R           L

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**Part D:**

Ira`s Step                 DS TCH(xib) HOP S(ots) TCH(xib) HOP S  
                              L R            L R            L            R L  
                              &1 &           2 &           3           & 4

Heel Walk                 DS DS H(w) H(w) RS                   **turn ¼ L on first H**  
                              R L R           L           RL  
                              &1 &2 &           3           &4

**Repeat 3 more times to face back front, opposite footwork**

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**Part A\*:** Like Part A but instead of DR back and Fancy KK do Knee Pop and Triple

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**Part E:**

Cowboy Turn               DS DS DS BR UP/H(turn) DS RS RS RS                   **turn ½ L**  
                              L R L R R L            R LR LR LR

2 Ditry Toe               DS(xif) SLR(fwd) UP/H  
                              L            R            R L

Fancy Double              DS DS RS RS  
                              L R LR LR

**I--360° R--I**

Harley Turn               DS DT(xif) H DT(unx) H R(ots) S H(w) H(w) RS DS RS  
                              L R            L R            L R            L R            L            RL R LR  
                              &1 &           2 &           3 &           4 &           5           &6 &7 &8

Karate Rock               DS KK( ½ L) H RS KK UP/H                   **turn ½ L**  
                              L R            L RL R R L

Triple                     DS DS DS RS  
                              R L R LR

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**Intro\*:** Like the Intro then add after the last KK RS

Step & Arm                S(xif) raise R arm, face to the R, left arm on  
                              L            your back

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