

Cest la vie

Level: intermediate

Time: 2:52

Artist: B*witched, Epic / Sony 5 099749 170421

Choreo: Jeff Driggs

Taught by: Sandra Pohlmann, Allerstr. 11, 28876 Oyten, 04207/909472, e-mail:spohlmann2512@aol.com
10th birthday Smiling Frog Hoppers & 11th Weser-Ems & Friends, Emden, April 2005

Wait 32 beats

Sequence: A B C A B C Break D C Ending

Part A:

Layover DS DS(xif) TOE(xib) BA BA ST(xif) TOE(xib) ST RS DS RS
| r | | | r | r | r | r | r |
&1 &2 & 3 & 4 & 5 &6 &7 &8

Loop Vine DS DS(xif) DS Loop (1/2 I) ST
r | r | |
&1 &2 &3 & 4

Triple DS DS DS RS
r | r | r

repeat all above

Part B:

Triple Kick DS DS DS KK UP/HL
| r | r | r |

Wave ST ST wave hands L-R-L
r |
& 1 2 3 4

Churns ST(xib) RS ST(xib) RS SL ST(xib) SL ST(xib) SL ST(xib) SL ST(xib)
| r | r | r | r | r | r | r | r | r | r |
1 &2 3 &4 & 5 & 6 & 7 & 8

repeat all above

Part C:

----- move right ----- ----- move left -----
Sway Bounce DS(xib) RK(ots) ST(xif) DS(xib) RK(ots) ST(xif) Bo(xif)/Bo(xib) HL(xif)/Bo ST DS RS
| r | | r | | r | | r | | r | r | r | r |
&1 & 2 &3 & 4 5 & 6 &7 &8

Karate DS KK (turn 1/2 I) HL DS KK HL/up
| r | | r | r | r |

Fancy Double DS DS RS RS
| r | r | r |

repeat all above

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Cest la vie

2/2

Sequence: A B C A B C Break D C Ending

Break:

Crazy Legs DS(xib) DS(xib) DS(xib) DS(xib)
 | r | r
 &1 &2 &3 &4

Part D:

 Turn ¼ l on DS
4 Irish DS HOP BA(xib) BA(xif) BA(xib) SL ST(xib) STA Clap STA Clap STO Clap Clap Pause
 l,r,l,r, | | r | r r | r r r
 &1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

Ending:

2 Irish like Part D, but turn ½ l on DS
 l+r
