

# All Star

artist: Smash Mouth, "Astro Lounge"

level: advance

choreo: Kelli McChesney, taught by Anja Gottschalk, Crazy Taps Frankfurt

Sequence: **A, B, CHORUS, A, CHORUS, C, CHORUS\*, A, B, CHORUS, ENDING**

Start immediately after "Some.."

## Part A

### Split Turkey

HL FLAP S (xib) DS BA/HL SL  
 L L R L R L R  
 1 & 2 &3 & 4

### Toe Toe

DBL(b) TOE(ib) TOE(ots) S DS(b) TCH(if) S  
 L L L L R L L L  
 &1 & 2 & a3 & 4

### Eric

DS DBL(UP) R HL (takes weight) RS  
 R L L R L R  
 &1 &2 & 3 & 4

### DBL Basic Kick

DS DBL HOP S(ib) RS KK turn ½ left  
 L R L R L R L  
 &1 & a 2 & 3 4

repeat Part A to face front

## Part B

### 2 Hop Toe Step

HOP (takes weight) TOE S(ib) BA/SL alternate feet  
 L R R L L  
 & a 1 & 2

### Syncopate

S(if) RS S(if) HL/BA HL/BA CHUG  
 L R L R R L L R L  
 1 & 2 & 3 & 4

### Gallop

DS R H/BA R H/BA STOMP STOMP move forward  
 L R L L R L L R L  
 &1 & a 2 & a 3 & 4  
 DS BA/HL SL DBL(B) DRAG S turn ½ left  
 R L R L R L R  
 &5 & 6 &7 & 8

repeat 2 Hop Toe Steps and Syncopate

### Canadian Steps

DS DBL HOP TCH DBL HL S S  
 L R L R R L L R  
 &1 e& a 2 &a 3 & 4

## Chorus

### All Star

DS RS HOP (takes weight) TOE S(ib)BA/SL  
 L RL R L L R R  
 &1 &2 & a 3 & 4  
 HOP (takes weight) TOE S(ib) BA/SL BA/SL RS  
 L R R L L R R LR  
 & a 5 & 6 & 7 &8

### All Star

turn 360° left

### Modified MJ

DS DS(ib) RS(o) S(ib) RS RS DBL BNC BNC CHUG  
 L R LR L RL RL R both both L  
 &1 &2 &3 4 &5 &6 & 7 & 8

### 2 Rock Heel

R HL (takes weight) FLAP S alternate feet  
 L R R L  
 & 1 & 2

### Fancy Double

DS DS RS RS  
 L R LR LR  
 &1 &2 &3 &4

# All Star (continued)

Sequence: **A, B, CHORUS, A, CHORUS, C, CHORUS\*, A, B, CHORUS, ENDING**

## Part C

### Stagger

DBL HL(o) TOE(if) S(if) RS  
 L R R R LR  
 &a 1 2 3 &4

### Split Push

DS RS RS BA/HL SL turn ¾ left  
 L RL RL R L R  
 &1 &2 &3 & 4

repeat 3 times to face all four walls

## Chorus\*

Repeat chorus, omit Fancy Double

## Ending

### Modified MJ

DS DS(ib) RS(o) S(ib) RS RS DBL BNC BNC CHUG  
 L R LR L RL RL R both both L  
 &1 &2 &3 4 &5 &6 & 7 & 8

### Rock Heel

R HL (takes weight) FLAP S  
 L R R L  
 & 1 & 2

### Toe Spin

TOE(ib) SPIN(360° LEFT)  
 L both  
 1 2